

Little Roos Summer 2017 New Menu

Week 1

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Lunch	Spaghetti Bolognaise	Fruity Vegetable Curry & Rice	Honey & Mustard Roast Gammon with Roast Potatoes, Peas & Carrots	Lemon Chicken & Broccoli Pasta	Baked Fish in Parsley Sauce with Mash Potato and Sweetcorn
	Pineapple Upside Down Cake	Chocolate Mouse	Fresh Fruit Jelly	Chocolate Cupcakes	Yoghurt Selection
Tea	Chefs Wrap Selection	Crumpets with Butter & Jam	Sliced Chicken with Vegetable Pasta Salad	Jacket Potatoes with Tuna Mayo	Pitta Bread Pizzas & Crudités
	Apple slices	Fresh Fruit Salad	Biscuit Selection	Fresh Pineapple	Satsumas

Week 2

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Lunch	Lamb Chilli Con Carni with Potato wedges	Roasted Vegetable & Spinach Lasagne with Garlic Bread	Chicken Fajitas with vegetable rice	Sausage Plait with Seasonal vegetables & Gravy	Fish Fingers, Chipped Potatoes with Pea & Sweet corn Medley
	Fresh Fruit Platter	Marble Sponge Cake	Strawberries & Vanilla Cream	Sticky Toffee Pudding & Toffee Sauce	Apple & Berry Crumble with Ice Cream
Tea	Hummus with Pitta & Crudités	Sandwich Selection	Tomato & Roasted Pepper Soup with Crusty Bread	Beans/Spaghetti on Wholemeal Toast	Ham & Cheese Croissants
	Chocolate Flapjack	Biscuit Selection	Fresh Fruit Selection	Homemade Orange Shortbread	Banana Loaf Cake

Week 3

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Lunch	Sweet & Sour Chicken with Noodles	Macaroni cheese with crispy bacon & sundried Tomatoes	Chicken & Vegetable Casserole with Mash Potato	Pork Ragout & Spaghetti	Tuna Pasta Bake & Garlic Bread
	Jam & Coconut Sponge	Chocolate Fudge Brownie with Chocolate Sauce	Fresh Fruit Platter	Strawberry Swiss Roll	Watermelon Slices
Tea	Vegetable Nuggets with Peas & wholemeal Bread & Butter	Toasted Teacakes with Butter & Jam	Homemade Cheese Scones & Crudités	Tuna & Cucumber Wraps	Jacket Potato with Cheese & Beans
	Bananas	Apples & Grapes	Biscuit Selection	Pineapple Slices	Homemade Cheesecake

Week 4

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Lunch	Italian Chicken with Cous Cous	Pork Stroganoff with Rice	Roast turkey with Roast Potatoes & Cauliflower Cheese	Sausage & Sweet Potato Mash with Peas and Gravy	Fish Pie with Cheesy Top
	Baked Chocolate Croissant Pudding	Bananas & Custard	Yoghurts	Bakewell Tart	Fruit Jelly
Tea	Bagels with Cream Cheese & Cucumber	Jacket Potato with Tuna Mayonnaise	Roasted Vegetable Pasta Salad	Sandwich Selection	Beans On Toast
	Fresh Strawberries	Chocolate Flapjack	Fresh Grapes	Fresh Pineapple Slices	Homemade Biscuits

Week 5

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Lunch	Vegetable Chilli with Rice	Lamb Moussaka with Mixed Vegetables	Chicken Jambalaya	Spaghetti Carbonara & Garlic Bread	Fishcakes with Chipped Potatoes & Peas
	Chocolate Chip Sponge with Chocolate Custard	Jelly	Vanilla Bread & Butter Pudding with Custard	Chocolate Mousse	Fresh Peaches
Tea	Chefs Wrap Selection	Tuna & Sweetcorn Pasta	Crumpets with Butter & Jam	Homemade Sausage rolls & cucumber Sticks	Scrambled Eggs on Toast
	Satsumas	Jam Tarts	Fresh Fruit Salad	Plums	Carrot Loaf Cake

Week 6

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Lunch	Fruity Lamb Tagine with Cous Cous	Paprika Chicken with Fusilli Pasta	Roast Gammon, Roast Potatoes, carrots and Broccoli	Macaroni Cheese with Roasted Peppers served with Garlic Bread	Fish Fingers, Chips & Peas
	Chocolate Fudge brownie	St Clements Sponge & Custard	Fresh Fruit Platter	Strawberries & Ice Cream	Yoghurt Selection
Tea	Hummus with crudités & Pitta Bread	Jacket Potatoes with cheese & Beans	Tomato & Basil Soup with Crusty Bread	Sandwich Selection	Ham & Cheese Croissants
	Fresh Melon	Apples & Grapes	Dorset Apple Cake	Biscuit Selection	Choc Chip Cupcakes